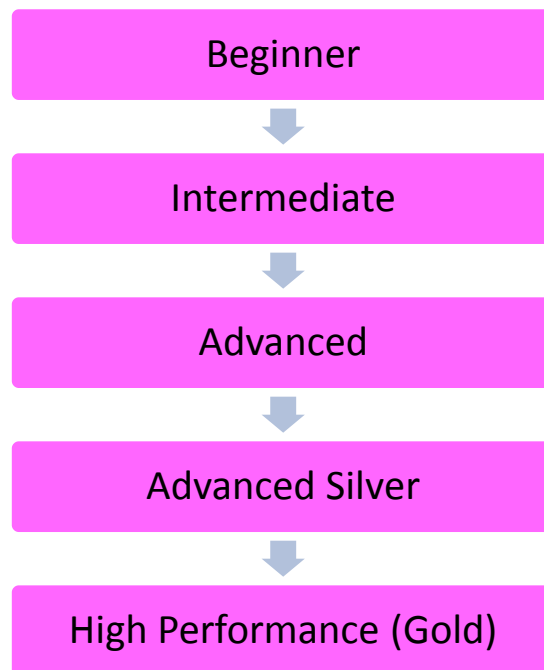


Women's Artistic Coaching Pathway

Coaching pathway

There are five levels within the Women's Artistic Gymnastics (WAG) Coaching Pathway. The pathway caters for all level of coach - a Beginner Coach assisting in the gym through to a high performance coach preparing athletes for elite international competitions such as the World Championships and Olympic Games.



What will I learn?

At Beginner level, coaches learn fundamental Gymnastics knowledge which is applicable to all Gymsports. At all other levels coaches develop knowledge across each of the four apparatus within Women's Artistic Gymnastics from foundation skills such as cartwheels through to double back salto dismounts off beam.

Further information about course content can be found on the website under [Get Involved » Coaches » Accreditation by levels](#).