

Tumbling Clinic With Former World Champion Tumbler



2011 Tumbling Clinic

Felicity Harvey, Wednesday, 30 May 2012

Don't miss this opportunity to attend an educational and inspiring clinic with Sam Palmer

Tumble Clinic

With

Samantha Palmer

We are currently seeking participants for GA sanctioned tumble clinic, to be held on Sat 30th June and Sunday 1st July at Eastside Activity Centre in Rokeby.

This clinic will be open to coaches and athletes, gymnasts and tumblers, male and female.

Samantha has coached at Sydney's Northern Beaches Gymnastics club and now works for Gymnastics NSW. Gymnastics NSW is actively working toward increasing interest and boosting participation in the sport of tumbling in Australia. This will be a sanctioned clinic.

This is an opportunity your club should not miss, even if you don't have a tumbling program in your gym, this clinic would be an advantage to your gymnastics program.

Who is Samantha Palmer?

Samantha Palmer moved to Australia from Great Britain in 2009 after a competitive career in Tumbling, Samantha competed for Great Britain for 9 years, and attended her first World Championships on 1999. Throughout her career she won 3 World Championships, 2 European Championships and 4 World Cups. Samantha experienced a glitch in her career in 2004 snapping her anterior cruciate ligament and under-going a knee reconstruction, after 18 months of rehab Samantha was back into competition! Prior to tumbling she was an Elite Artistic Gymnast and a member of the Great Britain National Squad.

Your prompt response would be greatly appreciated to allow for program time table to be developed and costing to be worked out. Please respond by June 15th, with number of coaches and gymnasts and include level of skill currently achieved, to Felicity Harvey at EAC Phone 62477399 or email fcharvey@bigpond.net.au

Venue and Equipment:

The clinic will be held at the new EAC venue at Droughty Point rd (next door to the old).

Equipment will include;

Air trak

Tumble trak,

Pit

12m x12m floor area

2 x Fig approved complete tumble trak with run up and landing zone

Trampolines

Double mini(s)

Canteen will be available

Please email fcharvey@bigpond.net.au or telephone 62477399 to enrol.