

## Apex moves to the Lauderdale Sports Stadium!



Inside Lauderdale Stadium

*Apex Trampoline, Wednesday, 29 February 2012*

Classes start 21st February

Apex Trampoline Club will move to the new Lauderdale Primary School Sports Stadium this weekend! The new stadium features all new facilities and will be the new home of TIS Scholarship Holders for Trampoline Sports. Classes will commence the first full week of public school term, starting 21 February 2012.

Apex Trampoline caters for all ages and ability levels with programs in KindyGym right through to Senior International representation. The new Twisters & Flippers classes are designed to teach members basic Trampoline skills using the Gymnastics Australia National Level Program in a fun environment, focusing on safety and technique.

Head Coach, Ben Kelly, has over 25 years experience in Trampoline Sports and has been part of the Australian Team coaching staff from 2004-2011. Ben is also the Tasmanian State Coach for over 10 years. Other coaches at Apex include Jack Penny (TIS Scholarship Holder & Indo-Pacific Champion), Damien Axelsen (former Australian representative), and Martin Vitesnik (former Tasmanian representative). The KindyGym program is overseen by Annie Schluter who is an accredited primary school teacher with many years experience.

Apex Trampoline Club prides itself in being family friendly and flexible. All members are supported from the recreational to the competitive level with experiences being tailored to suit learning styles and opportunities developed to ensure each member is able to reach their peak. Apex Trampoline Club is the only Trampoline club in Hobart to have both state and national champions, as well as international finalists at the World Championship level.

Trampoline is great for health and fitness and also keeps the mind active!!! Come and try Trampoline this term and..... **Reach your Peak at Apex!!!!**

*Apex – "The top or highest part of something, esp. one forming a point: Reach a high point: top - summit - peak - pinnacle"*