

Success at Coaches' Course

Leigh Oswin, Monday, 6 June 2011

Over the 4th and 5th of June, seven junior coaches from four Clubs across Tasmania attended the Gymnastics Tasmania Level 1 Coaches Course for Trampoline Gymnastics...

The Level One Trampoline Coaches' course was held at the Launceston PCYC. Candidates threw themselves into coaching tasks and scenarios vigorously, committing DMPs, KCPs and CEs to memory for TRP, DMT and TUM (That's Dominant Movement Patterns, Key Coaching Points and Common Errors for the trampoline, double mini-trampoline and tumble track).

Candidates also focussed on risk management in-line with trampoline sports safety and the importance and effectiveness of planning in all gymnastics programs and settings. Gymnastics Tasmania wishes the candidates well as they now move on to the practical assessment side of the accreditation process.

If you are interested in attending a Coaches' Course, or further Trampoline Gymnastics events, keep an eye on the Gymnastics Tasmania [Calendar](#).