

## EAC sport for all, time to celebrate



venue construction

*Eastside Activity Centre, Sunday, 14 August 2011*



After much anticipation our new venue is finally complete. Outside the building we have completed car parks and our gardens are planted!

The building is 10.5 meters high at apex and has walls 8 meters high. It has a freespan gym area of 1300 square meters.

We offer three FIG approved trampolines. Our fourth Eurotramp is en route. The two double minis are in place. We are able to offer two rod floors for tumbling training. Each has a different diameter rod giving different feels for training and eventual competition experience.

Inside the building the foam pit is complete, the Eurotramp Open Ended Grand Master Inground Trampoline is ready for use. We also use the Airtrac into the pit for our tumblers to practice their skills. The pit measures 8 metres by 7 meters and is 2.4 meters deep. Even when our athlete jumped from the top of the wall he did not get near the bottom of the pit. ( all safety precautions were in place and as an ex diver that has jumped from 10m platforms there was no risk)

Trampoline, cheer leading and tumbling classes have started for Term One.

The cheerleading foam floor is out and is being used for classes now. Trudy is our coach. We will be hosting the cheersport clinic in April.

We have video play back facility for all trampolines tumbling and double mini runs available to enhance coaching and performance.

We have a gymnasium area with exercise bikes and rowing machines available for athletes and parents are free to use this area while their children train. It was great to see 4 parents taking advantage of this during the week.

We have inside and outside waiting areas with play equipment. Our play area connects to both party rooms and cars and play equipment are available while your children wait for classes or siblings.

We offer canteen services for training.

We are waiting on our 8m climbing wall to be installed. It will have 2 auto belay systems and over 100 hand holds.

And of course we still have our other climbing frames, swings and kinder gym equipment.

The Australian tumble trak representative from AMCO has been visiting many clubs throughout Australia, he and his partner ( ex-elite gymnast and gymnastic coach) were very impressed with what they saw.



It is definitely a time to celebrate sport and join us for fun.



venue update  
27.9/2011

building has begun

building has begun

frame work



work continues

inside the venue

inside the venue

inside the venue



inside the venue

floor